

Tera-Mai Reiki & Seichem 1st Degree Booking Form

Reiki and Seichem attunements are a very ancient process for fine tuning the physical and metaphysical body, to a higher vibratory level. The attunement is a process of empowerment that opens a purified channel to your crown, third eye, throat and heart chakras, and to the palms of your hands, allowing the Reiki energy to pass through. Once this channel has been opened, it will remain open for the rest of a person's life and can be activated simply through touch, intention, or with the use of symbols. These changes may activate a physical or emotional release known as the "healing process". **It is therefore traditionally accepted, that to improve the results of the initiations, students should follow a process of purification, (de-tox) in the days leading up to the attunements.**

So, for three to five days, you should try to cut out or to reduce all things containing toxins, such as meat, fish and fowl (unless they are organic), caffeine, alcohol, smoking, chocolate, and to stop watching negative or violent programmes on the television etc. **It is recommended that you relax, meditate and take quiet walks in the countryside, to prepare your body and mind for the higher vibrations of being a Reiki Healer, and a Lightworker.**

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## **First Degree Reiki AND Seichem Training**    *The exchange for tuition is: £95*

The attunement enables you to become a healer of yourself and others, particularly on the physical level. You receive a **Tera-Mai Reiki and Seichem initiation** on the first day and an attunement to the **Silver Violet Flame** on the second day.

Tuition includes the history of Reiki and "hands on" practice of how to treat yourself and others.

**A comprehensive instruction booklet is available for £7.50**

**Training is usually 10.00am 'til we finish (4.30 pm approx)**    **Please allow enough time, so that we can all finish together.**  
**Fee: £95    Duration: 2 Days**

## **Adding Tera-Mai Seichem 1<sup>st</sup> Degree to your Traditional Reiki**    **Fee: £75    Duration – 2 Days**

(Only for those who are already trained & attuned to Traditional Western Reiki ) **Ask for details please.**

.....Please print out and send with your deposit.....

**Ray, please book me for the following course:**

**1<sup>st</sup> Degree Reiki & Seichem course** .....Date.....

**I enclose my booking fee of £25 to secure my place.**

**(N.B. Verbal bookings are NOT acceptable without the booking fee)**

Name.....Telephone.....email.....

Address.....

.....Postcode.....

Light refreshments are available throughout the day.

Please bring a light lunch.

Sorry, but cancellations or postponements will forfeit the booking fee to cover costs.

Cheques made payable to "Ray C.N.G. Goldy" please.