

The Reiki Techniques of Dr Usui

Reiki as taught in Japan since the time of Mikao Usui

A one day Usui Reiki Ryoho workshop for Reiki 2nd Degree Students and 3rd Degree Masters

Shared with you by Ray C.N.G. Goldy

Learn the “active” techniques of Dr Usui to add to your own Western “passive” methods of giving treatments and self healing.

It was only a few years ago, after the dedicated researching of Frank Arjava Petter, that we Westerners realised that what we had thought was Usui Reiki Ryoho, had more to do with Dr Hayashi and Mrs Takata. Dr Usui’s method of treatment was not the passive hand positions that Mrs Takata taught.

Now, you can find out how to “enhance” your treatments and practise the Hasurei-ho meditation in order to improve your “spirit”, and learn to give the Rei-ju Healing empowerment.

Definitely not to be missed by the serious Reiki practitioner

Course overview:

The history of Usui Reiki in Japan including the Reiki Gakkai meetings and the way in which many Japanese students were initiated through weekly Rei-ju empowerments.

Hands on learning of Rei-ju, Gassho Meditation, Hasurei-ho, Dry bathing, Reiki Mudras, Blood cleansing, Tapping, Pushing and Stroking, Healing with the Breath, Healing with the Eyes, Meridian and Pressure Points Massage, Body Scanning etc. plus my Own Techniques.

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To be held at: The Reiki & Relaxology Centre,  
103 Shelley Street, LEIGH, Lancs. WN7 5EW

**For Details and Dates Ring - 01942 207302**

**The cost is £50.00 for the workshop, handouts, C.P.D. certificate and manual.**

**This will be limited to a small group to allow for plenty of “hands on” practice.  
Please book early so as not to be disappointed.**

Refreshments will be available throughout the day. Please bring a light lunch.

**Masters & share groups, I am available to run this workshop for you & your students.**

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Please print out and send with your deposit

**Booking Form for Usui Reiki Ryoho workshop,** Date.....

Name.....Telephone.....email.....  
Address.....Postcode.....

I enclose a non returnable booking fee of £15, made out to Ray C.N.G. Goldy, to secure my place.

Signed.....

**N.B. Verbal bookings are not acceptable without the booking fee.**